

SUM 8

Young Adult Programme



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Experience Tradition, Embrace Innovativ

Our young adult programme is designed for students aged 16-19 to discover Dublin and prepare for their next academic and professional challenges with international teenagers of a similar age group.



Students participating in this programme will attend three hours of English language tuition each afternoon Monday to Friday and on Tuesday and Thursday mornings they will attend seminars and workshops covering various topics. See sample programme.

Students will also have the freedom to explore the city independently or participate in cultural and social activities organised by the Institute around the theme “Discovering Dublin”.

Students who choose a residential option will be accommodated in Trinity Hall Residence (single or twin rooms). Alternatively, students can choose a homestay option (twin room) and attend their classes in one of our homestay centres.

Dates and Availability

The young adult programme will run in July and August. Courses begin every Monday for a minimum of two weeks. Please check our Price List for dates and contact the Institute for availability.

Teaching Materials

We use the most up-to-date materials. Students are entitled to the use of a textbook during their course and each student receives learning materials (worksheets, supplementary exercises, etc.) as part of the course package.

Testing and Placement

Students are given an oral and written placement test on their first day. Progress is monitored on an ongoing basis and class levels adjusted accordingly.

Class size

Ranging from Intermediate CEFR level B1 to Advanced CEFR level C1 to advanced level, classes have an average of 10 students and a maximum of 15.



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What is included in the Young Adult Programme fee?

15 hours of English group lessons

5 hours of seminars and workshops

Use of textbooks and teaching materials

Diploma upon completion of course

Guided discovering Dublin tour

Two cultural activities per week and activities every evening (residence) and twice per week (homestay)

One full-day excursion every weekend to places of cultural interest

Welcome kit with guides and maps

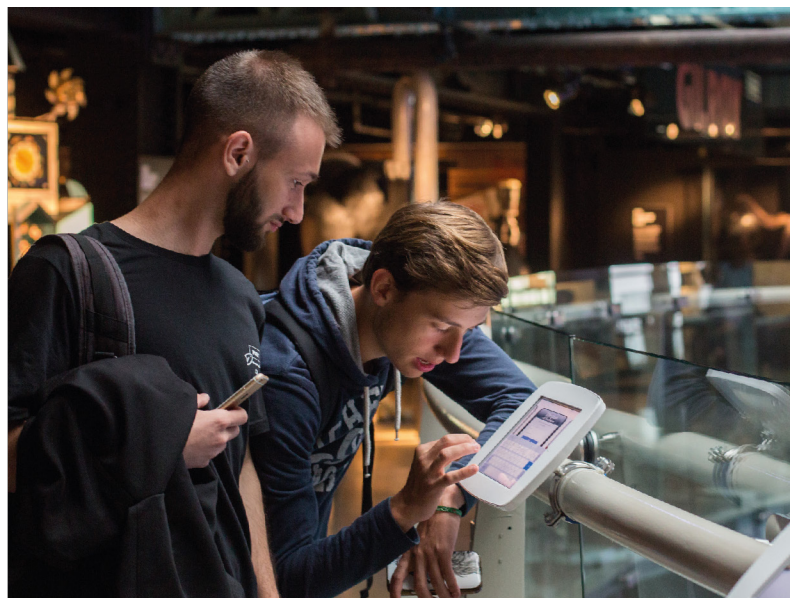
Full-board accommodation

Enrolment, registration and administration fees

Travel pass for duration of stay

Supplements

Return airport transfers



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Sample Programme

Week 1 (Residential)

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:00-12:30	ARRIVAL	CITY CENTRE ORIENTATION <i>Follow a walking tour of Dublin's historic core</i>	LECTURE: Marketing - Consumer Behaviour in the Digital Era	NATIONAL GALLERY OF IRELAND <i>Browse its worldclass collection of Irish and European art</i>	WORKSHOP: Discussion and group projects with lecturer on the week's topic	CROKE PARK & GAA MUSEUM <i>Tour the legendary stadium and learn about the history of the Gaelic Games</i>	FULL DAY TRIP Kilkenny Castle and City: Go back in time and explore Ireland's most picturesque walled town	
12:45-14:00		Lunch						
14:00-15:30 English Lesson: Grammar & the Use of English		Personalities, Jobs and Careers	CVs and Cover letters	Personal Branding	Informal Presentations	Team-Building		
15:30-15:45		Break						
15:45-17:15 English Lesson: Listening & Fluency		Active Listening	Communication Skills	Irish Life and Culture – Myths and Legends	Creative Writing	Problem Solving		
Dinner								
	Welcome/ Icebreakers	Emerald's Got Talent	Irish Music and Dance Show	Dundrum Town Centre	Disco	Karaoke	Movie Night	

Week 1 (Homestay)

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-12:30	ARRIVAL	CITY CENTRE ORIENTATION	LECTURE: Entrepreneurship and innovation	ST. PATRICK'S CATHEDRAL <i>Visit the important site at the heart of Dublin and Ireland's history</i>	WORKSHOP: Discussion and group projects with lecturer on the week's topic	PHOENIX PARK <i>Take a stroll and spot the deer in one of Europe's largest urban parks</i>	FULL DAY TRIP Wicklow and Glendalough: <i>Experience a renowned sixth-century monastic settlement nestled in the stunning glacial "valley of two lakes"</i>
12:45 -14:00		Lunch					
14:00-15:30 English Lesson: Grammar & the Use of English		Personalities, Jobs and Careers	CVs and Cover letters	Personal Branding	Informal Presentations	Team-Building	
15:30-15:45		Break					
15:45-17:15 English Lesson: Listening & Fluency		Active Listening	Communication Skills	Irish Life and Culture – Myths and Legends	Creative Writing	Problem Solving	
Dinner							
			Irish Music and Dance Show		Disco		



Young Adult Programme

Lesson Content

The Young Adult Programme helps students to improve their language skills, while also developing other key skills that can transfer into many other areas of their lives. Students are encouraged to reflect on their own values and learning styles. Creative and innovative lessons provide the opportunity to use English in real-life situations while developing capacities in problem solving, pair work, team work, presentations and collaborative thinking.

This modular programme emphasizes communication, leadership, problem-solving, and collaborative work, while also promoting active participation in society. Self-reflection is a key part of this. Interesting insights into the world of work and university will be given through workshops and seminars. Lessons on Irish Life and Culture are also provided in this programme.

Aim

Participants will develop confidence as well as communication and leadership skills by working with others, with a focus on individual as well as collective wellbeing.

A minimum English language level of Intermediate CEFR level B1 is required for this course.

Topics

Personal and Social Development

My Values

Personal Mission Statement

Goal-Setting

Staying Motivated

Problem Solving

Creative Writing workshops (two or three per group per week)

Writing reviews (movie and book reviews)

Educational Development

Learning Styles

Working in pairs and groups

Leadership and Development

Defining Leadership

Tips for Development of Leadership Qualities

Communication Skills (verbal and non-verbal)

Debating and Public Speaking

Active Listening

Conflict Resolution

Team Building and Networking

English for the Workplace

CVs and cover letters

Personalities – Jobs – Careers

Intercultural Differences

Face-to-Face Communication

Formal Presentations

Informal Presentations

Personal Branding

Different styles of writing (voice, register, vocabulary)

Interview Skills

Developing Writing Skills

Irish Life and Culture

Traditional Irish Music

Irish Myths and Legends

Irish Sport and the GAA

The Vikings

Early Christian Ireland